

## Linwood OGM 18th June 2019

Track		Field			
Race	Time	Age Group	Event	Time	Age Group
100m Heat 1	19:00	U/15 - Senior	Hammer	18:30	U/13 - Senior
100m Heat 2	19:03	U/13 - Senior	Shot Putt	19:30	U/13 - Senior
100m Heat 3	19:06	U/13 - Senior	L/Jump	19:00	U/13 - Senior
100m Heat 4	19:09	U/13 - Senior			
100m Heat 5	19:12	U/13 - Senior			
100m Heat 6	19:15	U/13 - Senior			
100m Heat 7	19:18	U/13 - Senior			
100m Heat 8	19:21	U/13 - Senior			
3000m	19:26	U/13 - Senior			
800m Heat 1	19:41	U/13 - Senior			
800m Heat 2	19:46	U/13 - Senior			
800m Heat 3	19:51	U/13 - Senior			
800m Heat 4	19:56	U/13 - Senior			
800m Heat 5	20:01	U/13 - Senior			
800m Heat 6	20:06	U/13 - Senior			
800m Heat 7	20:11	U/13 - Senior			
200m Heat 1	20:17	U/13 - Senior			
200m Heat 2	20:20	U/13 - Senior			
200m Heat 3	20:23	U/13 - Senior			
200m Heat 4	20:26	U/13 - Senior			
200m Heat 5	20:29	U/13 - Senior			
200m Heat 6	20:32	U/13 - Senior			
200m Heat 7	20:35	U/13 - Senior			
1500m Heat 1	20:39	U/13 - Senior			
1500m Heat 2	20.46	U/13 - Senior			
1500m Heat 3	20:53	U/13 - Senior			