

Linwood OGM 23rd April 2019

Track		Field			
<u>Race</u>	<u>Time</u>	<u>Age Group</u>	<u>Event</u>	<u>Time</u>	<u>Age Group</u>
3000m	19:00	U/15 - Senior	Hammer	18:30	U/13 - Senior
100m Heat 1	19:14	U/13 - Senior	Shot Putt	19:30	U/13 - Senior
100m Heat 2	19:17	U/13 - Senior	L/Jump	19:00	U/13 - Senior
100m Heat 3	19:20	U/13 - Senior			
100m Heat 4	19:23	U/13 - Senior			
100m Heat 5	19:26	U/13 - Senior			
100m Heat 6	19:29	U/13 - Senior			
100m Heat 7	19:32	U/13 - Senior			
100m Heat 8	19:35	U/13 - Senior			
800m Heat 1	19:41	U/13 - Senior			
800m Heat 2	19:46	U/13 - Senior			
800m Heat 3	19:51	U/13 - Senior			
800m Heat 4	19:56	U/13 - Senior			
800m Heat 5	20:01	U/13 - Senior			
800m Heat 6	20:06	U/13 - Senior			
800m Heat 7	20:11	U/13 - Senior			
800m Heat 8	20:16	U/13 - Senior			
200m Heat 1	20:22	U/13 - Senior			
200m Heat 2	20:25	U/13 - Senior			
200m Heat 3	20:28	U/13 - Senior			
200m Heat 4	20:31	U/13 - Senior			
200m Heat 5	20:34	U/13 - Senior			
1500m Heat 1	20:40	U/13 - Senior			
1500m Heat 2	20:46	U/13 - Senior			